



Cedars School of Excellence Park and Stride Daily Mile Drop-Off Points

In our 2019 parent survey, parents expressed the view that our school could do more to promote physical wellbeing.

One way of addressing this in some schools is to take time out of class and do a 'daily mile' - where children are made to walk a mile each day. After discussing this with our school Inspector, and considering the time required to be cut out of teaching and learning, we are not going to implement this school-wide.

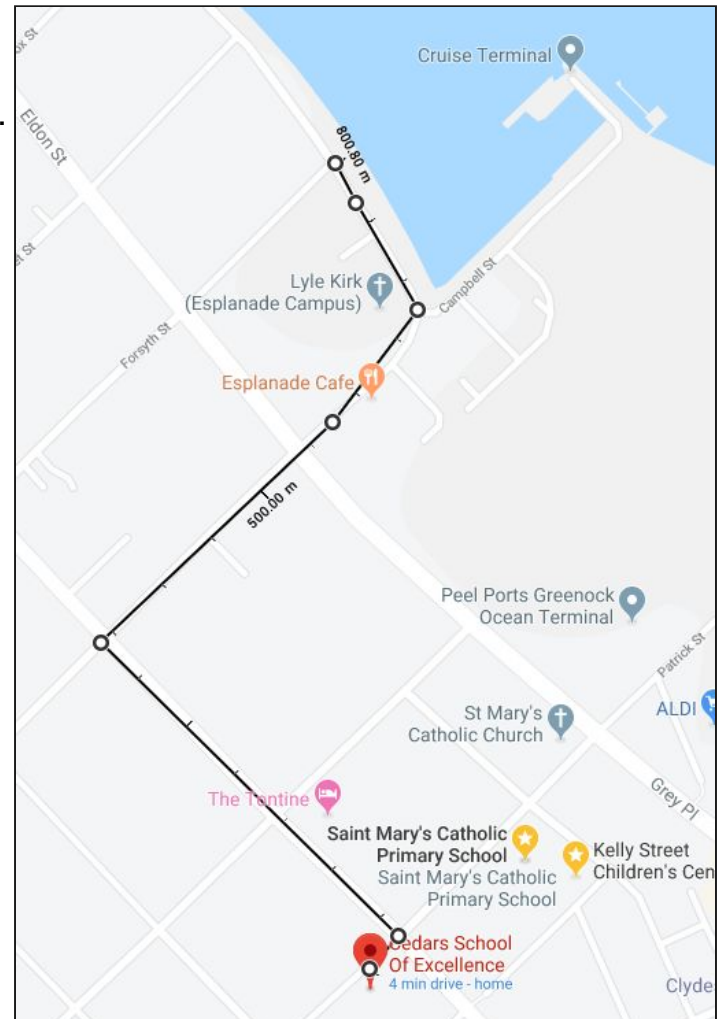
However, parents can opt to build a 'daily mile' into travel to and from school by dropping off and picking up children a bit further away from the school. This will also contribute greatly to reducing our road congestion challenges in Ardgowan Square.

We have identified a number of potential drop-off points approximately 0.5 miles from our school. If children are dropped off and picked up from those points, instead of outside the school, that builds in an easy 'daily mile'. This would require between 10 and 25 minutes depending on the age of the child.

Lyle Kirk (Esplanade)

This route involves two light-controlled crossings and one side-street crossing.

1. Cross Eldon St at traffic lights and continue up Campbell St.
2. Turn left onto Union St.
3. Cross Robertson St at Tontine Hotel.
4. Cross Union St at traffic lights onto Ardgowan Square.

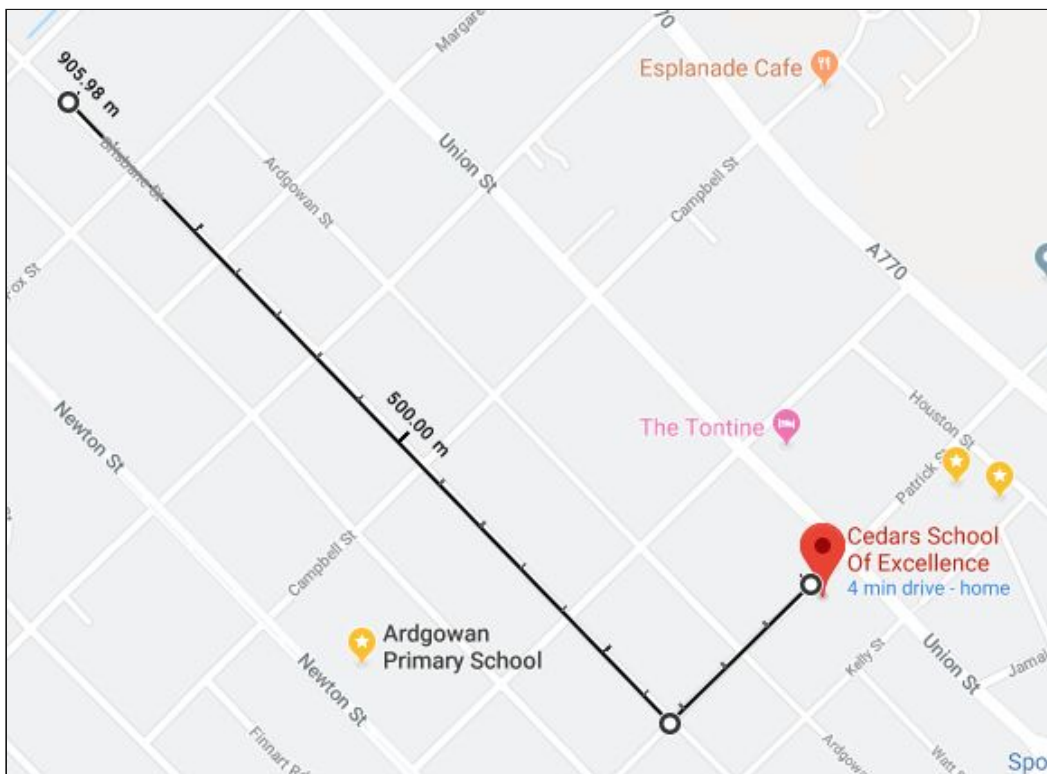


Glenpark Cricket Club

This route along upper Brisbane Street involves crossings of side roads in the West End.

On Brisbane St:

1. Cross Fox St
2. Cross Margaret St
3. Cross Forsyth St
4. Cross Campbell St
5. Cross Robertson St
6. Cross and then turn left into Patrick St
7. Cross Ardgowan St

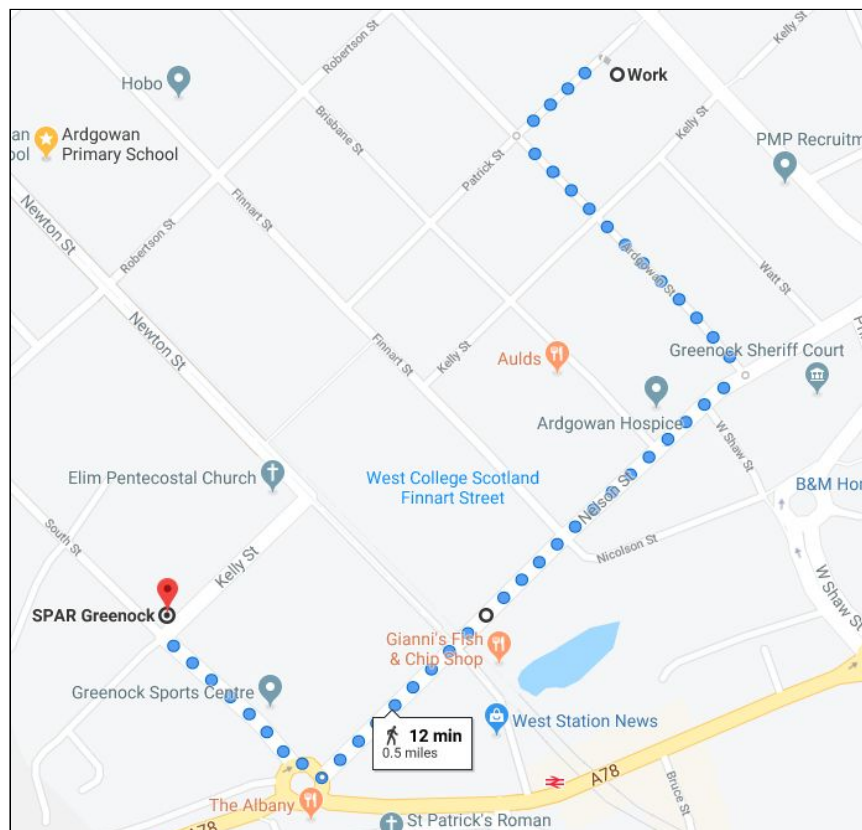


Spar, South St

This route involves two crossings along the side of Nelson St. and one on Ardgowan St.

Starting at the Spar in South St:

1. Walk down to Nelson St.
2. Turn left into Nelson St.
3. Cross Finnart St.
4. Cross Brisbane St.
5. Cross and turn left into Ardgowan St.
6. Cross Kelly St.
7. Turn right into Ardgowan Square.

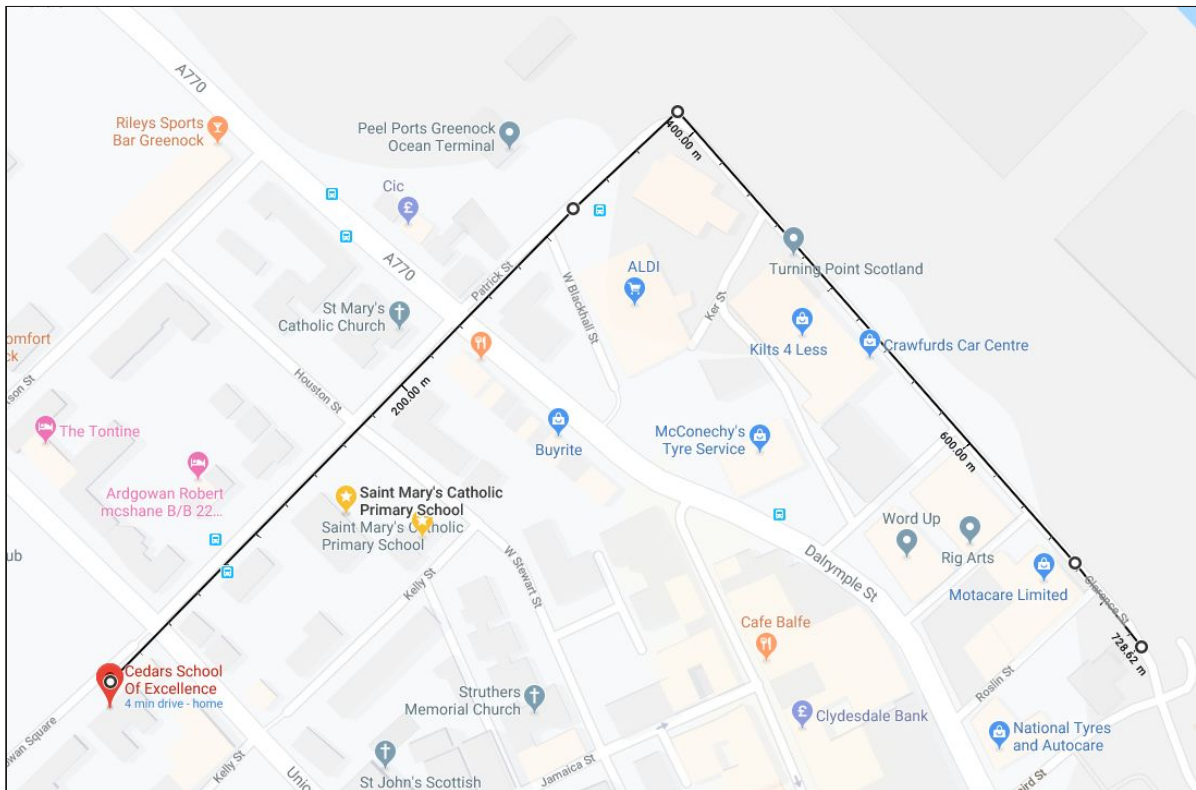


Tesco Petrol Station

This route involves crossing a number of small side streets off Clarence St, then two light-controlled crossings at Grey Place and Union St and a patrolled crossing of West Stewart St.

From Tesco Petrol Station:

1. Cross Roslin St
2. Cross Haig St
3. Cross Hood St
4. Cross Ker St
5. Turn left into Patrick St
6. Cross the entrance to Aldi car park
7. Cross Union St at traffic lights
8. Cross West Stewart St at patrol
9. Cross Union St at traffic lights.



Glenfield Care Home

This route involves crossing side streets in the West End while following Union St.

From Glenfield Care Home at the corner of Union St and Bedford St:

1. Cross Fox St
2. Cross Margaret St
3. Cross Forsyth St
4. Cross Campbell St
5. Cross Robertson St into Ardgowan Square

